

Triangle Gastroenterology
2600 Atlantic Ave. #100, Raleigh NC 27604
Phone # 919-881-9999 Fax 919-781-9699

ENDOSCOPIC ULTRASOUND PREP

You will need to buy (2) 1.5 oz bottles of Fleets Phospho-Soda prep. This is sold over the counter at any pharmacy.

- For comfort you may want to purchase unscented baby wipes and Preparation H or Tuck pads.

For **five** days prior to your procedure, do not take: Aspirin, Motrin, Aleve, Naproxen, Ibuprofen, BC Powder, Goody Powder, Plavix, Pradaxa, Coumadin or Aggrenox. For pain you can take Tylenol, Hydrocodone or Oxycodone.

DAY BEFORE YOUR TEST

**** **KEEP HYDRATED!!!!!!** ****

Drink at least 3-4 liters of fluid.

1. Drink clear liquids all day. For example: water, clear soda, ginger ale, lemon-lime drinks, clear fruit juices, jello (no red), and chicken broth. **No solid foods, dark liquids, milk products, or caffeine.**
2. At 3:00 PM: Mix the first bottle with 8 ounces of clear liquid (like Sprite) and drink it. Finish this within 1 hour.
3. At 11:00 PM: Mix the second bottle with 4 ounces of clear liquid and drink it.
4. Drink at least 3 more glasses of clear liquid before midnight. **Nothing to eat or drink past midnight except the prep.**

Please take a list of all of the medications that you are taking with you to the hospital.

Please have someone go with you to the hospital that can drive you home. If you do not have anyone to drive you home your procedure will be cancelled. You CANNOT take any public transportation home from the endo center.

If for any reason you must cancel this procedure please give a 48 hour notice or you will be charged a fee of \$100.00.

HOSPITAL: _____

DATE: _____

TIME OF ARRIVAL: _____

TIME OF PROCEDURE: _____

If you have any questions, please call 919-881-9999.