

TRIANGLE GASTROENTEROLOGY
EGD/Gastroscopy Preparation

REMINDERS

- If you take insulin or oral diabetic medication, please call for specific instructions prior to your exam. Check your blood sugar before coming in for your procedure.
- If you use inhalers or a CPAP machine, bring them with you.
- Please let us know if you have a cardiac defibrillator.
- Do not take any product containing Ibuprofen, Aspirin, Iron (Multi-Vitamins, etc.) or arthritis medications (including over the counter), for four days prior to the procedure. If you have any kind of pain, you may take Tylenol.
- If you take blood thinners (i.e.: Coumadin or Plavix) please contact your prescribing physician for instructions if and when to stop these medications prior to your procedure.
- ***If you are on blood pressure medications, please take your morning dose with a sip of water.***
- ***Please arrange for an adult to drive you to the surgery center, to remain there with you until you are discharged, to drive you home and to stay with you for 24 hours after surgery.***

The examination involves placing a lighted tube into your digestive system (esophagus, stomach and duodenum). This is to inspect the lining of your stomach.

INSTRUCTIONS

Nothing to eat or drink after midnight. (Only if your procedure is scheduled for 1pm or later you may have clear liquids up to 7am.)

IMPORTANT TIPS:

- **Please bring in a list of all current medications (including vitamins).**
- **If for any reason you must cancel this procedure please give a 48 hour notice or you will be charged \$100.00**

Exam Date: _____ Exam Location: _____

Time to Arrive: _____ Time of Test: _____

If you have any questions, please call 919-881-9999

If a biopsy is taken, there will be a separate bill.